

JRC Cares



JRC Newsletter

September 2016

Adult Day Moves to Meyers Lake

After months of searching for the proper setting, the JRC Adult Day Center is now located inside the former Garden Room at Meyers Lake Ballroom. This location is much larger and provides engaging environments within the large space for dining, sports activity, fitness, crafts, reading, relaxing, memory room and a secure outdoor courtyard.

We cordially invite you to attend our Open House on Wednesday, October 19th, from 3:30 pm to 7 pm. The new address is 3300 Parkway Street NW, Canton, Ohio 44708.

The center promotes a person-centered approach to care with quality food, exercise, crafts, theme days, field trips and friendly, trained staff. The center is open from 7:30 a.m. to 5:00 p.m., Monday through Friday. Seniors can choose from attending one-half day per week or up to 5 days per week.

Thank You Volunteers

Thank you to the dozens of volunteers who have helped make this huge move possible. The move could not have happened without the wonderful support of people with big hearts, strong backs and a genuine love for helping seniors. Right from the beginning, volunteers helped scout out possible locations, plan the move and recruited other volunteers that painted, packed supplies and even moved the furniture to the new location.

"We're so excited that the new location gives us the space to create a state of the art memory room...."

*- Melanie Griffith
Director, JRC Adult Day Center*

"The new Adult Day Center has been a labor of love for the JRC Board, staff and volunteers ..."

*- Tom Thompson,
JRC Executive Director*



Fitness Class at the JRC Adult Day Care

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Faith Family Church (North Canton) paints 9 classrooms in one day!

Classrooms Get A Make Over

It took 43 volunteers, one director, two maintenance staff, several borrowed ladders, step stools, 37 gallons of paint, a number of rollers, brushes, rags, and even two sets of scaffolding to paint nine classrooms. Thank you Faith Family Church for your overwhelming support in this very large project. We were so blessed that you volunteered for such a big task!

Summer of Excellence

JRC utilizes the summer months to provide the children with activities and knowledge that build personal assets and cognition. This is achieved both in our Center and out in the community. The children were given opportunities to learn about Healthy Habits through fieldtrips to an area farm, gardens, museums, bike trips and hikes. We were able to utilize some of our community resources to teach the children about nutrition, "sometimes" & "anytime" foods, the importance of moving our bodies, and our health.

Our fieldtrips align with ODE's Learning and Development Standards and children that participated had the opportunity to strengthen their skills in math, language, science, social studies as well as social skills. Our curriculum is based on the children learning through hands-on activities in a natural environment. Children were invited to explore and ask questions during the variety of fieldtrips that were offered.



Having fun and learning while biking and canoeing

The Learning Center accepts donations of used clothing (all sizes), children's underwear (brand new in package), pencils, paper, notebooks, folders, markers, art supplies such as yarn, glitter, paint and glue. Please drop off at the main desk with your name, address, and what you are donating. **Thank You**



Healthy Habits for Life

In 2013, the JRC Learning Center began plans to create a healthier environment for children attending the center. Our goal was to eliminate 90% of the processed foods served at our center and to integrate 60 minutes of daily physical activity into our curriculum.

We chose *Healthy Habits for Life* because of its simple concept of "sometimes" food versus "anytime" food. Even very young children understand that chicken nuggets are a "sometimes" food and that fresh fruit or vegetables are an "anytime" food.

With help from the Sisters of Charity of Canton Foundation and the Austin-Bailey Foundation, the new menu was slowly integrated over the first six months of 2014. By June, we had eliminated 90% of the processed foods served at the center. OSU Extension Office helped in educating families on proper nutrition and healthy cooking techniques.

The Women's Fund Endowment of the Stark Community Foundation and the Foundation itself helped with the next steps in educating all of our teaching staff proper fitness warm up and cool down techniques along with teaching nutrition education in the classroom.

Thanks to all the support, and lots of hard work, the Learning Center is now a certified **Ohio Healthy Program**.

Did you know ?

JRC takes great pride in delivering quality services to children and senior citizens. Unfortunately, the reimbursement rates for some programs are not enough to cover the actual program costs.

That's where support from donors like you helps to ensure that children and seniors get the best education and care possible. JRC gladly accepts donations year round. You can designate where you want your donation to go, children or seniors. You can also donate in honor of a loved one.

If you would like to create your "Legacy" for future generations, donating to the JRC Endowment Fund at the Stark Community Foundation is a perfect opportunity. The endowment fund was created to ensure a sustainable source of funds to continue helping children and seniors at JRC.

Volunteer Opportunities

JRC Adult Day Center

Do you Play a musical instrument? Like to sing? Lead games? Have pictures or artifacts about history? The adult day center is always looking for volunteers who like to get involved with senior citizens. Call Melanie Griffith 330-454-3471 to find out more information.

JRC Learning Center

Volunteers are always needed to help in the nursery with the babies and toddlers. Preschool children appreciate someone who likes to read, have a talent they can share, or help with educational games. Call Jennifer Palmer, 330-452-8376 learn more about volunteering at the learning center.



Car Show at JRC ADC



Memory Room Tour



ADC Members Visit the Y



Lunch at the JRC Bistro



2016 HOF Queen and Court visit the JRC Adult Day Center



Memory Room at Adult Day

Sometimes everyone just needs to get away from the hustle and bustle of life and that's the reason for creating a dedicated Memory Room at our new location. It's a state of the art room that is designed to adjust the amount of stimulation for those with memory issues. The room has memory stations that helps to support functional abilities, provide members with opportunities for control and privacy while maximizing awareness and orientation.

The Memory Room has a calming home-like feel and compliments our person-centered approach to providing care. It's important to us that members of the JRC Adult Day Center receive support to maintain their self identity and self respect and have opportunities for social interaction with their peers.

This room is a great compliment for our Music and Memory program. Through Music & MemorySM, individuals listen to their favorite music through the popular iPod digital music player. Staff and family create personalized playlists that enable those struggling with dementia to reconnect with the world through memories triggered by the music they love. The process builds lasting, caring relationships and improves the care experience for all involved. To learn more about the Memory Room, or how it might benefit someone you know, call Melanie at 330-454-3471.

Executive Director's Corner



This has been an extremely busy period for JRC, especially for the staff and volunteers at the JRC Adult Day Center. We have moved to our new facility as mentioned in the earlier article with the desire to serve more senior citizens and provide additional quality activities. From a new Memory Room to a beautiful newly built courtyard, our “members” will be in a safe and friendly environment while still receiving the same welcoming smiles, engaging & meaningful activities, and the same quality food from our staff every day.

The JRC Learning Center has also undergone some major changes over the past few months. All of the carpeting and flooring has been replaced in each of our thirteen classrooms as well as our library and conference room. This enhances the rooms making them more comfortable for our children and staff. We still have openings for 4 year olds in our “free” preschool program for children living in the Canton City School District. Call for details (330.452.8376) if you know of a child who may qualify. Early education is a priceless gift that lasts a lifetime!

If you get the opportunity, take a drive down Mahoning Road between Harmont and Grace Avenues and see what is happening on the corridor. This “Phase I” of the Mahoning Road Project is virtually complete. One new major construction project is the new 36 unit Wellness Village at Midway. This senior housing development will be home for over three dozen senior citizens by this time next year.

JRC continues on its mission of enriching lives through educating children, engaging seniors, and strengthening community.

- Tom Thompson

Contact Us

Give us a call for more information about our services and volunteer opportunities

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