LUNCH

JANUARY 2024
JRC LEARNING CENTER

jrc — Kids. Seniors. Community.

Monday	Tuesday	Wednesday	Thursday	Friday
1 HAPPY NEW YEAR!! CENTER CLOSED	**2** WG Spaghetti W/ Ground Beef WG Roll /Green Beans Peaches / Milk	**3** * Grilled Ham & Cheese on WG Bread Hash Browns Mixed Fruit / Milk	**4** Sloppy Joes W/ Ground Turkey on a WG Bun Cauliflower / Oranges Milk	**5** Breaded Chicken Strips WG Macaroni & Cheese California Blend Veggies Applesauce / Milk
8 **Gia Special** Cheesy Tator Tot Casserole W/ Ground Turkey Green Beans / WG Roll Pears / Milk	**9** Crunchy Cod Fish WG Wrap W/Lett & Tomato / Coleslaw Cilantro & Mango Salsa Milk	**10** * **Darrin's Pick** Chili Macaroni W/ Ground Beef WG Crackers / Corn Bread Apple Crisp / Milk	**11** Grilled Mozzarella Pizza Sandwich / WG Bread Broccoli Bites Banana / Milk	**12** Crispy Chicken & WG Waffles Roasted Sweet Potatoes Blueberry Compote Milk
15 Tuna Noodle Casserole Egg Noodles & WG Roll Green Beans Applesauce / Milk	**16** Taco Salad W/ Ground Beef Lettuce & Tomato HM WG Tortilla Chips Pear / Milk	**17** **Julie's Pick** HM Turkey Pot Pie W / Mixed Veggies WG Roll Apple Crisp / Milk	**18** Hot Italian Ham & Cheese on a WG Slider Bun Garden Salad Pineapple / Milk	**19** **Gia's Pick** BBQ Chicken Breast WG Macaroni & Cheese Green Beans Peach Crisp / Milk
22 Patty Melt Sandwich (Ground Beef) & Cheese W/ Sauteed Onions WG Bread / Hash Browns Oranges / Milk	**23** Cheese Quesadilla WG Tortilla W / Sautéed Peppers WG Pasta Salad Applesauce / Milk	**24** Cheesy Ham & Potato Hash Casserole WG Roll Broccoli /Oranges Milk	**25** Turkey Tetrazzini W/ Ground Turkey WG Spaghetti Noodles California Blend Veggies Peaches / Milk	**26** * Cheesy Chicken WG Spaghetti Garden Salad Fruit Cocktail / Milk
29 Sailsbury Beef Steak Mashed Potatoes W/ Gravy / WG Bread Broccoli Pears / Milk	**30** Chicken Fajitas WG Tortilla W /Sautéed Peppers Steamed Carrots Apple Slices / Milk	**31** Pierogi Cheese Casserole WG Roll Green Beans & Ham Baked Pineapple /Milk		

Milk – 8oz.
Meat/Meat Alternate – 1 oz.
Fruits/Vegetables – 1/4 cup
Soup – 4oz. Yogurt -4oz

Alternative Lunch Menu Includes:
WG Cheese Sandwich WG Cold Cut Sandwich, Carrot Sticks or Fruit

HM = Homemade
WG = Whole Grain Rich
*Separate from ADC