

FEBRUARY 2023

JRC Adult Day Center



Monday	Tuesday	Wednesday	Thursday	Friday
		WGR Pancakes Syrup Mixed w/Peaches Milk	Yogurt Cup Raspberries Milk	Cinnamon Oatmeal Apple Slices Milk
Cheerios WW Toast w/Jelly Fresh Banana Milk	7 Hard Boiled Egg Pears Milk	WGR French Toast w/Syrup Blueberries Milk	Cheese Pita Strawberries Milk	WGR Croissant w/Jelly Oranges Milk
Total WW Toast w/Jelly Fresh Banana Milk	Yogurt Parfait w/Granola Strawberries Milk	Carrot Muffin Oranges Milk	Cream of Wheat w/Cinnamon Peaches Milk	WGR English Muffin w/Jelly Apple Slices Milk
Rice Krispies WW Toast w/Jelly Fresh Banana Milk	WGR Biscuits w/White Gravy Blueberries Milk	WGR Waffles w/Syrup Applesauce Milk	Scrambled Egg Casserole Tropical Fruit Milk	WGR Cinnamon Roll Strawberries Milk
Corn Puffs WW Toast w/Jelly Fresh Banana Milk	WGR Bagel w/Cream Cheese Raspberries Milk			